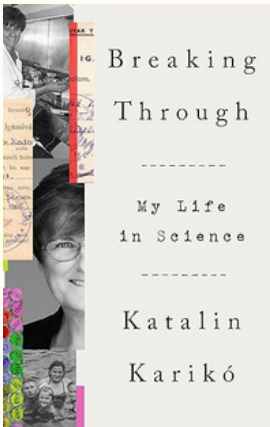


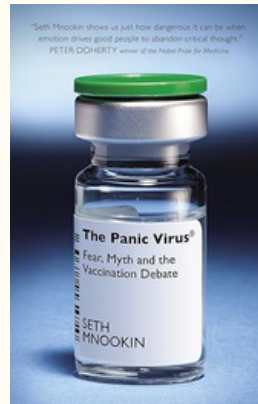
# TRACKER'S READING LIST *FOR ADULTS*

## Breaking Through: My Life in Science by Dr. Katalin Karikó



A powerful memoir from Katalin Karikó, winner of the 2023 Nobel Prize in Physiology or Medicine, whose decades-long research led to the COVID-19 vaccines

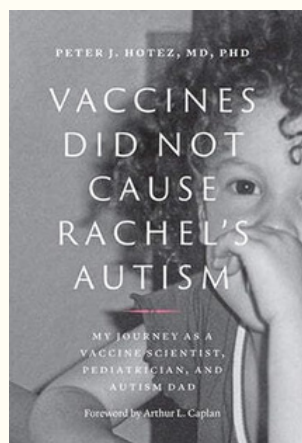
## The Panic Virus: Fear, Myth and the Vaccination Debate by Seth Mnookin



The Panic Virus is a riveting and sometimes heartbreaking medical detective story, a gripping work of investigative journalism and a cautionary tale for our times.

## Vaccines Did Not Cause Rachel's Autism: My Journey as a Vaccine Scientist, Pediatrician, and Autism Dad by Dr. Peter J. Hotez

Outlining the arguments on both sides of the debate, he examines the science that refutes the concerns of the anti-vaccine movement, debunks current conspiracy theories alleging a cover-up by the Centers for Disease Control and Prevention, and critiques the scientific community's failure to effectively communicate the facts about vaccines and autism to the general public, all while sharing his very personal story of raising a now-adult daughter with autism.



## On Immunity: An Inoculation by Eula Bliss

"On Immunity is a book I've recommended too many times to count—a searching, empathetic, ultimately unassailable argument, not just for vaccination but for thoroughly acknowledging our interdependence, and for all that becomes necessary and possible once we do.

Written before COVID, it nonetheless speaks directly to the concerns of the pandemic era—to the fact that we are dangerous as well as vulnerable, to the way collective well-being and individual self-interest are configured at odds to one another when they are fundamentally intertwined."

—Jia Tolentino

